



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### Best Buddies

#### Best Buddies - Citizens

901 South State Road 7  
Suite# 327  
Hollywood FL 33023

- Spanish Spoken     Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 449-6522  
**FAX:** (954) 456-3330

#### Description of Services:

Program enhances the lives of citizens in the community with intellectual disabilities by providing them with opportunities for one-to-one friendships with their peers without intellectual disabilities based on similar interests, gender, geographical location, and age.

- Eligibility:** 18 years of age or older and have an intellectual disability  
**Fees:** No Fee  
**Intake:** Appointment and Buddy application required  
**Area Served:** Broward

#### Hours of Operation:

Monday-Friday 9am-6pm

#### Best Buddies - High Schools and Middle Schools

901 South State Road 7  
Suite# 327  
Hollywood FL 33023

- Spanish Spoken     Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 449-6522  
**FAX:** (954) 456-3330

#### Description of Services:

Program enhances the lives of high school and middle school students with intellectual disabilities by providing opportunities for one-to-one friendships. Program pairs students with and without intellectual disabilities in one-to-one friendships.

- Eligibility:** Students age 10-22 that have an intellectual disability  
**Fees:** No Fee  
**Intake:** Membership application required  
**Area Served:** Broward

#### Hours of Operation:

Monday-Friday, 9am-5pm (Program times vary)



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### Center for Autism & Related Disabilities (C.A.R.D.)

#### Special Gals Support Group and Workshops

NSU-CARD Satellite Office

Fort Lauderdale FL 33314

#### Description of Services:

Provides support groups for caregivers, events for special gals with disabilities to connect with peers and workshops to help parents, caregivers, teachers and others have a positive effect on the special gals in their lives. All About Gals is a program for parents, grandparents, caregivers, professionals and others who are involved with females with special needs. Our mission is to help those involved in the lives of girls with special needs to help their special gals live fuller, happier lives filled with opportunities.

**Eligibility:** Parents, grandparents, caregivers, professionals who are involved with females with Special Needs. Call for meeting times.

**Fees::** None

**Intake:**

**Area Served:** Broward and beyond

#### Hours of Operation:

Meetings occur once a month, times vary

- Spanish Spoken
- Haitian Creole Spoken
- American Sign Language

**Phone:** (954) 547-9982

**FAX:** ( ) -

### City of Plantation

#### Parents and Me Support Group

5555 Palm Tree Rd.

Plantation FL 33317

#### Description of Services:

A support group for parents of individuals with mental or physical disabilities, as well as their families. All are welcome to this monthly meeting held the 3rd Friday of every month at 6:00pm. Participants are asked to bring a covered dish to share with the group. From October to March, meetings are held at the Kennedy Community Center (5555 Palm Tree Drive Plantation) From April to September, meetings are held at Seminole Park (6600 SW 16th St. Plantation).

**Eligibility:** Adults and children with disabilities and their families welcome

**Fees::** No fee

**Intake:** Call ahead for more information

**Area Served:** Broward County

#### Hours of Operation:

6:00-8:00pm

- Spanish Spoken
- Haitian Creole Spoken
- American Sign Language

**Phone:** (954) 270-4455

**FAX:** (954) 797-2223



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### PALS Dynamites

400 NW 73 Avenue

Plantation

FL 33317

- Spanish Spoken    Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 270-4455

**FAX:** (954) 797-2223

#### Description of Services:

The Plantation Athletic League Dynamites (PAL Dynamites) Program is a sports and activities program organized for the mentally and/or physically challenged. Activities include bowling, soccer, basketball, dances and social gatherings and more. All ages welcome.

DANCES (every 4th Friday)

7:30-9:30 PM. Cost: \$3 - Pizza, refreshments, prizes & we celebrate all that month's birthdays!

**Eligibility:** No Age limit, Must have a developmental disability or special need and be a resident of Broward County

**Fees:** Fees, vary depending on activity, and may be no cost depending on event

**Intake:** Call or arrive on day of event, but must register before participation

**Area Served:** Broward County

#### Hours of Operation:

M-F 8:00AM - 4:30PM Event times may vary

### Florida's Voice on Developmental Disabilities

#### FVDD - Florida's Voice on Developmental Disabilities

5591 NE 28th Ave

Fort Lauderdale

FL 33308

- Spanish Spoken    Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 817-4742

**FAX:** (954) 975-5159

#### Description of Services:

FVDD is a statewide, all-volunteer not-for-profit advocacy and networking organization that advocates a variety of services and supports to meet the long-term care and rehabilitation needs of persons with mental retardation and related developmental disabilities (MR/DD). FVDD strives to educate families and lend support. Advocates for medical, educational, recreational, residential, therapy, medicaid issues, and vocational options.

**Eligibility:** Any individual with mental retardation or developmental disability

**Fees:** Dues for Membership: \$25 per year

**Intake:** Call for information

**Area Served:** Broward County

#### Hours of Operation:

9am-5pm M-F



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### ***Living Inclusively For Everyone, Inc.***

#### **Living Inclusively For Everyone: LIFE**

350 NW 84th Ave. Suite 211

Plantation FL 33326

#### **Description of Services:**

An all-volunteer parent-run organization that promotes the inclusion of Broward County residents and developmental disabilities (DD). We provide advocacy to parents to obtain appropriate educational services. We also provide recreational opportunities via our FAN or Friends Are Necessary Clubs. Also assists in affordable housing for Broward residents with DD. We offer all services free of charge and are bilingual.

**Eligibility:** Individuals with developmental disabilities (DD)

**Fees:** None

**Intake:**

**Area Served:** Broward County

#### **Hours of Operation:**

Mon-Friday 9-5pm

Spanish Spoken  Haitian Creole Spoken

American Sign Language

**Phone:** (954) 817-4742

**FAX:** (954) 236-5071

### ***Manning Home Care Inc.***

#### **Manning Home Care - Home, Room and Board**

1370 NW 54 Terrace

Lauderhill FL 33313

#### **Description of Services:**

Group home provides living quarters, food, laundry for adults diagnosed with mental retardation 18-50 years of age.

**Eligibility:** Adults 18-50 years of age diagnosed with mental retardation and referred by DCF

**Fees:** No Fee

**Intake:** Medical history required

**Area Served:** Broward County

#### **Hours of Operation:**

24 hours, 7 days a week

Spanish Spoken  Haitian Creole Spoken

American Sign Language

**Phone:** (954) 321-9679

**FAX:** (954) 530-6929



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### Memorial Healthcare System

#### MHS - Memorial Hallandale - Adult Day Care Center

1750 East Hallandale Beach Blvd  
Memorial Regional Hospital  
Hallandale Beach FL 33009

- Spanish Spoken     Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 457-0505  
**FAX:** (954) 457-1273

**Description of Services:**

Provides recreational and therapeutic programming for dependent adults in a secure and caring atmosphere; one meal and snacks are provided during the day.

- Eligibility:** Eligibility Varies. Serves ages 18 and older and must have no aggressive behaviors.  
**Fees::** Self-Pay/Full; \$30 per day, \$15 for 1/2 day, \$19 for 1/2 day w/lunch  
**Intake:** Personal interview to assess suitability  
**Area Served:** Broward County and surrounding areas

**Hours of Operation:**

Monday-Friday 8:30am-5:00pm

### South Florida Fragile X Resource Group

#### Fragile X Research Foundation - FRAXA

16363 Fern Dr.  
Weston FL 33326

- Spanish Spoken     Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 433-5413  
**FAX:**

**Description of Services:**

Resource group for families affected by Fragile X Syndrome. FRAXA's mission is to accelerate progress towards effective treatments and directly funding the most promising research and to raise awareness.

- Eligibility:** Families of Fragile X, Autism, Aspergers Syndrome  
**Fees::**  
**Intake:**  
**Area Served:** All of Broward

**Hours of Operation:**

Monday-Friday 9am-6pm

#### Fragile X Resource Group

1942 NW167 Terr.  
Pembroke Pines FL 33028

- Spanish Spoken     Haitian Creole Spoken  
 American Sign Language

**Phone:** (954) 433-5413  
**FAX:**

**Description of Services:**

A resource group for families affected by Fragile X Syndrome which also provides support for families and professionals who work with children and adults with Fragile X Syndrome. FXS: genetic disorder, most common inherited cause of mental retardation, has correlations with autism.

- Eligibility:** Family member with Fragile X or suspect that family member has Fragile X  
**Fees::** No fee  
**Intake:**  
**Area Served:** Broward, Dade, Palm Beach Counties

**Hours of Operation:**



# Special Needs Quick Guide to Resources for:



## Mental Retardation

### Support Groups - Health

#### Abilities Venti - Support Group / Club

Fort Lauderdale FL

**Description of Services:**

Abilities Venti is a club and social networking opportunity for youth and adults with developmental and/ or physical disabilities.

**Eligibility:** Anyone interested with a disability

**Fees:** No fee

**Intake:**

**Area Served:** Broward County

**Hours of Operation:**

Meetings are once a month - call for dates

- Spanish Spoken
- Haitian Creole Spoken
- American Sign Language

**Phone:** (954) 240-6313

**FAX:**

### Woodhouse Inc.

#### Woodhouse - Truman Warden Training Center

2331 North Dixie Highway

Pompano Beach FL 33060

**Description of Services:**

RESTRICTED REFERRAL: DCF - Developmental training center for adults who are severely and profoundly mentally disabled.

**Eligibility:** Must be at least 18 years old, referred by the Department of Children and Families and have a developmental disability

**Fees:** No fee

**Intake:** Referrals from the Department of Children and Family Services required

**Area Served:** Broward County

**Hours of Operation:**

Monday-Friday 8am-4pm

- Spanish Spoken
- Haitian Creole Spoken
- American Sign Language

**Phone:** (954) 986-0344

**FAX:** (954) 784-5136

#### Woodhouse - Residential Facility

1001 NE Third Avenue

Pompano Beach FL 33060

**Description of Services:**

RESTRICTED REFERRAL: DCF - A 24-hour residential facility for severely and profoundly mentally retarded adults; provides training in daily living and self help skills in a group living situation.

**Eligibility:** Must be at least 18 years old, have a developmental disability and be referred by the Department of Children and Families

**Fees:** No fee

**Intake:** Referrals from the Department of Children and Family Services required

**Area Served:** Broward County

**Hours of Operation:**

24 hours, 7 days a week

- Spanish Spoken
- Haitian Creole Spoken
- American Sign Language

**Phone:** (954) 786-0344

**FAX:** (954) 785-6635