

# MYTHS OF SUICIDE

1. Those who threaten suicide do not commit suicide.
2. Talking about suicide plants the idea of suicide in a person's head.
3. Suicides happen without warning.
4. An individual's improvement following a suicidal crisis means the suicide risk is over.
5. Suicide occurs more often among the rich.
6. Only certain types of people are suicidal.
7. Suicidal people want nothing more than to die.
8. Once a person is suicidal, he/she will always be suicidal.
9. People who attempt suicide and fail will not try again.
10. Most suicides leave a note.
11. Alcohol and drug use are not related to suicidal behavior.
12. More suicides occur during holidays.
13. More women than men commit suicide.
14. Ethnic/cultural minorities are more prone to suicide than whites.
15. Young children do not commit suicide.

To learn more about the warning signs of suicide or suicide prevention please call 211 Broward by dialing 2-1-1 or 954-537-0211.